

Beginner Croquet Coaching: LESSON 5:

This lesson covers:
Circle Hoop Approach; the 4-ball break

REVISION

The grip, the 5 "S's", rushes, rolls.

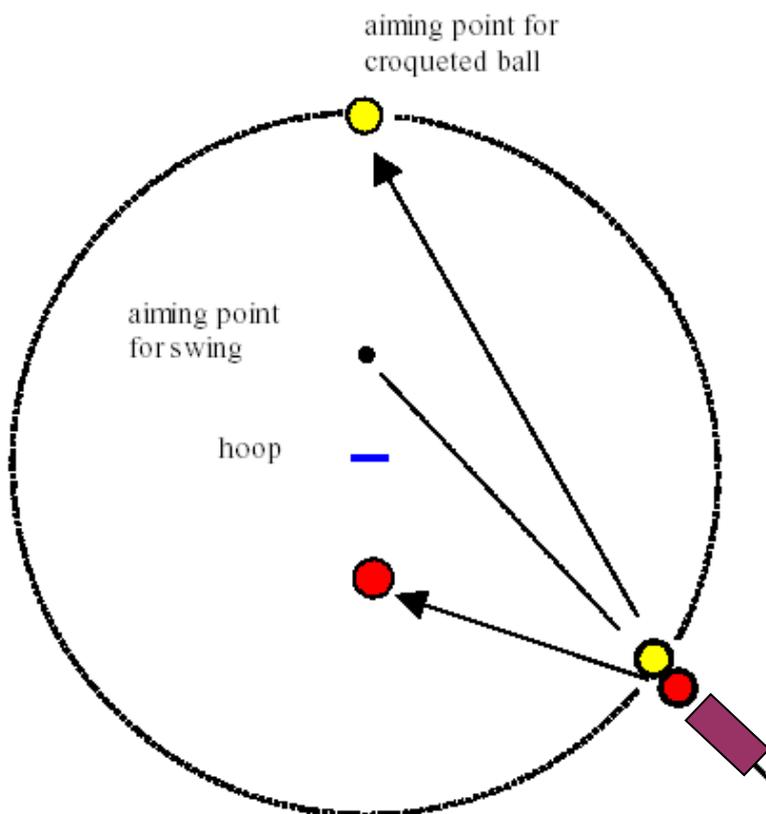
CIRCLE HOOP APPROACH

When you have roqueted a ball near a hoop, with your croquet shot you want to put the striker's ball just in front of the hoop so you can run it; and the other ball behind the hoop so there is a ball to roquet after you have gone through the hoop. This is done by the circle hoop approach.

For this, estimate how far it is from the hoop to the place where you will play the croquet shot. Then estimate the same distance behind the hoop. This is where you will try to send the croqueted ball. You line the two balls up so they point towards this point.

Now, to get the striker's ball just in front of the hoop, the line of swing is to a point one third of the distance from the hoop towards the point where you want the croqueted ball to go.

Now you play the croquet shot, usually with some degree of roll..



The 4-ball break

The aim in croquet is to run several hoops in one turn. This is called a 'break'.

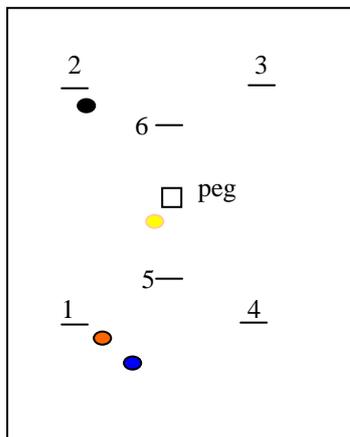
The easiest way to run several hoops is through an arrangement called the '**four ball break**'.

With the four ball break, you try to arrange the other three balls so that you have one near your current hoop, a ball near the next hoop, and a ball in the middle of the lawn.

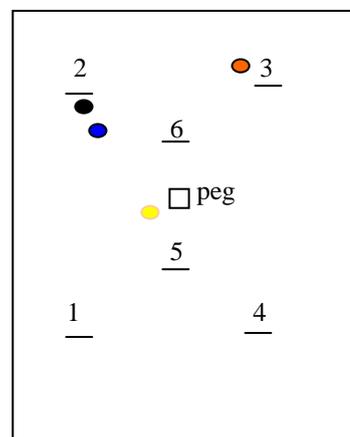
You use the ball near your current hoop to go through the current hoop, and then send this ball to the next-but-one hoop, while going to the ball in the middle. You now have the same situation as when you started, but one hoop further on – a ball at your current hoop, a ball at the next hoop, and a ball in the middle.

For example, if you are aiming for hoop one, you have a ball at hoop one, a ball at hoop two, and a ball in the middle. You use the ball near hoop one to make hoop one, then send this ball to hoop three. You then roquet the ball in the middle, and do a take-off to the ball at hoop two. You use this to make hoop two, then send this ball to hoop four.

**Position for 4-ball break
heading for hoop 1**



**Position for 4-ball break
heading for hoop 2**



There is also a three-ball break, but this is much more difficult.